

ENTRÉE SALADS

Dressings: blue cheese, ranch, 1000 island or mango vinaigrette.

BLACK 'N BLUE STEAK SALAD

6oz Cajun New York steak on baby greens with chopped tomatoes, roasted red pepper, cucumbers, red onion, caramelized pecans and crumbled blue cheese, then finished with a honey Dijon vinaigrette. Served with grilled garlic focaccia bread. \$18.99

CLASSIC CAESAR

Crisp romaine, homestyle croutons, garlic Caesar dressing and parmesan cheese with grilled garlic focaccia bread.

Full order \$14.99 | Half order \$9.99

Add a fire-grilled 6oz BC chicken breast or sautéed black tiger prawns for \$5.99

TACO SALAD

Mexi-spiced Canadian ground beef or a grilled 6oz BC chicken breast on seasonal market-fresh greens with cheese, olives, jalapeños, banana peppers, green onions and ripe tomatoes with homemade fire-roasted salsa. Served with homemade tortilla strips. \$17.99

Add guacamole \$1.99

WEST COAST GREENS

A grilled 5oz wild salmon fillet on top of baby greens, roasted red peppers, dried figs, artichoke hearts and feta cheese with toasted sesame soy dressing.

Served with grilled garlic focaccia bread. \$17.99

JAKARTA CHICKEN SALAD

A 6oz BC chicken breast marinated in our sweet and spicy Jakarta sauce with peppers, onions and Asian noodles on seasonal greens. Served with homemade tortilla strips. \$17.99

SETTLER CHICKEN SALAD

A chargrilled 6oz chicken breast on top of baby greens, avocado, tomato, blueberries and feta cheese with our own citrus mango vinaigrette. Served with grilled garlic focaccia bread. \$17.99

SETTLER BOWLS

MONGOLIAN NOODLE BOWL

Tender NY steak strips, seasonal veggies tossed in sesame seed oil, fresh garlic, ginger and our own medium spicy Hoi-Sin sauce. Served on top of steaming chow mein noodles. \$22.99

COCONUT CURRY RICE BOWL

Seasonal veggies delicately cooked and blended with our own mildly spicy creamy coconut curry sauce, tossed together and served on a piping hot bowl of rice. \$17.99

Add BC chicken or black tiger prawns for \$5.99

APPETIZERS

Additional dips, sauces and dressings available at 99¢ each

WINGS

A dozen wings slathered with your choice of hot, BBQ, honey garlic, teriyaki, Montreal spice, Caribbean jerk or sweet and spicy Jakarta sauce. \$14.99

SEAFOOD DIP

Our shrimp and real crab seafood blend baked with cheese and served with crisp tortillas for dipping. \$12.99

BRUSCHETTA

Our own pesto brushed flatbread topped with tangy Settler tomato and herb bruschetta, parmesan cheese and broiled to a golden brown. \$13.99

SEAFOOD STUFFED MUSHROOM CAPS

Our shrimp and real crab seafood blend over plump mushroom caps and baked with cheese. Served with garlic toast. \$12.99

CALAMARI

Lightly dusted tender calamari, jalapeños, red onion and tzatziki for dipping. \$14.99

QUESADILLA

Grilled seasoned BC chicken breast or Canadian NY steak with melted cheese, ripe tomato, onions and sweet peppers. Served with homemade fire-roasted salsa and sour cream. \$14.99

Make it a meal! Add a cup of our tasty soup or a fresh tossed salad for \$3.99

CHICKEN TENDERS

Crispy breaded BC chicken tenders with your choice of plum or honey mustard sauce. \$12.99
Add fries for \$2.99

APPY PLATTER (2-3 people)

A medley of selected Settler appetizers featuring hot wings, zucchini sticks, potato wedges, onion rings, spring rolls, carrots, celery and broccoli with plum and ranch sauces for dipping. \$18.99



FRENCH ONION SOUP

The Settler's own recipe served with grilled focaccia garlic bread. \$8.99

VEGGIES & DIP

A basket of seasonal market-fresh veggies served with ranch and blue cheese for dipping. \$12.99

SETTLER NACHOS

Fully loaded with diced tomatoes, black olives, green onions, jalapeños, banana peppers and our 3-cheese blend on crisp tortilla chips. Served with homemade fire-roasted salsa and sour cream. \$18.99

NACHO EXTRAS

Add 4oz guacamole for \$4.99

Add taco beef or grilled BC chicken for \$5.99

Add extra nacho cheese for \$2.99

FLAT BREAD PIZZA

MARGARITA PERSONAL PIZZA

Fresh sliced tomatoes with a blend of mozza and Edam cheeses on our own tomato sauce finished with basil. \$13.99

CHICKEN PERSONAL PIZZA

Grilled chicken, pesto, caramelized onions, fresh grape tomatoes and feta cheese topped with arugula and a tangy balsamic glaze. \$14.99

MEDITERRANEAN PERSONAL PIZZA

Grilled zucchini, roasted red pepper, artichoke hearts, sun-dried tomato pesto, garlic and feta cheese on top of our own tomato sauce. \$14.99

THE ITALIAN PERSONAL PIZZA

Capicollo, chorizo sausage and mushrooms with a blend of mozza and Edam cheeses on our own tomato sauce. \$14.99

SANDWICHES

Served with your choice of fries, soup or salad.
Substitute seasoned wedge-cut fries, onion rings or Caesar salad \$2.99.

PUB CLUB

Served on two toasted country slices of bread with a fire-grilled 6oz BC chicken breast, bacon, crisp lettuce, ripe tomato and mayo. \$17.99
Add cheese \$1.99

MEDITERRANEAN CHICKEN

A tender fire-grilled 6oz BC chicken breast with sweet roasted red pepper and melted feta cheese. Served on a fresh ciabatta bun with grilled zucchini and our own pesto mayo sauce. \$17.99

PULLED PORK

Slow-roasted tender pork seasoned to perfection with our own homemade coleslaw topped with spicy chipotle mayo on a grilled ciabatta bun. \$16.99

REUBEN SANDWICH

Thinly sliced corned beef piled high, topped with sauerkraut, mozzarella cheese, and mustard served on grilled rye bread. \$16.99

GRILLED CAJUN SALMON SANDWICH

A 5oz wild salmon fillet served on a ciabatta bun with lettuce, tomato, and red onion with roasted garlic aioli. \$18.99

GRILLED CHICKEN & BRUSCHETTA

A fire-grilled 6oz BC chicken breast topped with tangy bruschetta and Monterey jack cheese. Served on a grilled ciabatta bun with fresh lettuce and our homemade pesto mayo sauce. \$17.99



BLT

An old favourite. Toasted with three rashers of bacon, crisp lettuce, ripe tomato and mayo. \$14.99

PHILLY MELT

Slow-roasted Canadian beef with our own Settler Philly sauce on grilled parmesan sourdough with melted jack cheese, onions, and peppers. \$16.99

FRESH WRAPS

Served with fries and your choice of soup or salad.
Substitute seasoned wedge-cut fries, onion rings or Caesar salad for \$2.99.

BUFFALO CHICKEN WRAP

Crispy breaded BC chicken breast, crisp lettuce, vine-ripe tomato and cheddar with a spicy chipotle mayo and wrapped in a warm flour tortilla. \$18.99

PACIFIC SALMON WRAP

Grilled wild salmon fillet wrapped in a warm flour tortilla loaded with chopped lettuce, tomato and red onion with a spicy chipotle mayo. \$18.99

🌀 PUB FAVOURITES 🌀

Substitute seasoned wedge-cut fries, Caesar salad or onion rings for \$2.99

BARON OF BEEF

Thin tender slices of slow-roasted Canadian beef on an oven-baked ciabatta bun and served with homemade au jus and fries. \$16.99

SETTLER FISH & CHIPS

Two pieces of wild Pacific cod served with crisp golden fries, creamy tartar sauce and lemon wedges. \$19.99

MEATLOAF SANDWICH

A perfect blend of ground beef and pork seasoned with just the right fresh herbs and spices atop a soft ciabatta bun with garlic aioli, sweet caramelized onions and topped with crisp arugula. Served with crisp fries. \$16.99

BURGERS

All of our burgers are served with crisp lettuce, sweet red onion, ripe tomato, pickle and mayo with your choice of fries or soup or salad. Substitute seasoned wedge-cut fries, onion rings or Caesar salad for \$2.99

THE LOADED BURGER

Our Best Seller!

All-Canadian beef patty with melted cheddar cheese, crisp bacon, sautéed mushrooms piled high and our own tangy Settler hamburger sauce. \$18.99

DARE TO DOUBLE!

Double the patty, double the toppings for an additional \$5.99!

BLACKENED CAJUN CHICKEN BURGER

A fire-grilled 6oz Cajun spiced BC chicken breast topped with cool, creamy ranch dressing. \$17.99

SPICY BLUE CHEESE BURGER

A 5oz all-Canadian beef patty dressed with our Settler mild spicy jalapeño blue cheese sauce. \$17.99

SETTLER LAMB BURGER

A homemade chargrilled 6oz lamb patty topped with cheddar cheese, tomato, crisp arugula, mint mayo and our own Settler burger sauce. \$18.99



VEGETARIAN BURGER

Garden vegetable patty made with brown rice and soya protein with our own tangy Settler sauce. \$17.99
Add cheese \$1.99
Add mushrooms 99¢

BREAKFAST

Served till 1pm

Choice of white, whole wheat, sourdough, or rye bread and served with hash browns.
Add homemade fire-roasted Settler salsa for \$1.50

STANDARD FARE

Two large BC eggs any style and your choice of ham or bacon. \$14.99

CORNED BEEF HASH

Two large BC eggs cooked as you like with grilled hashbrowns, fried onions and thinly sliced corned beef. \$15.99



SETTLER BREAKY BUN

Two BC eggs with tomatoes, melted cheddar cheese and crisp bacon, served on a fresh baked bun.
Served with homemade hash browns. \$13.99

OUR FAMOUS SETTLER OMELETTE

Three large BC eggs with ham, mushrooms, green onions, mozza and cheddar cheese.
\$15.99

BOTTLED BEER

Kokanee	Bud Light Lime	Pilsner
Budweiser	Bud Light	Corona
Canadian	Keith's IPA	Heineken
Coors Banquet	MGD	Stella Artois

ROTATING CRAFT LINE.
ASK YOUR SERVER.

BOTTLED CRAFT BEER

Blue Buck	Granville Raspberry Ale
Whistler Gluten Free	Kronenbourg Blanc
Stanley Park Amber Ale	Old Yale Mango Wheat
Sasquatch Stout	Blackberry Porter (650ml)

COOLERS & CIDERS

Twisted Tea
Mike's Hard Lemonade
Mike's Hard Cranberry
Smirnoff Ice
Strongbow Cider
Lonetree Ginger Apple Cider
Red Roof Apple Cider
Growers Peach Cider
Growers Pear Cider
Growers Clementine Pineapple Cider
Diablo White Sangria

BEER ON TAP

Coors Light	OK Springs 1516 Bavarian Lager
Molson Canadian	OK Springs Pale Ale
Sleeman Original Draught	West Coast IPA
Sleeman Honey Brown Lager	Guinness